

4. Our Parish Easter Sunday 12th April 2020

**DIOCESAN KNOCK
PILGRIMAGE 2020**

will be postponed until further notice. At the heart of this difficult decision is the welfare of our pilgrims. Instead we are inviting people to make a virtual pilgrimage to Knock on Saturday 25th April by joining in the Masses broadcast from Knock and visit the Apparition Chapel all online at: <https://www.knockshrine.ie/watch-live/>

**IMPORTANT MESSAGE FROM
TRÓCAIRE**

Trócaire Boxes: This time of year, we would usually get back tens of thousands of boxes but that will not be possible this year, at a time when the developing world needs our help the most. If you can, please donate online or over the phone. Please do hold onto your boxes until further notice and we will be in contact about how to return them when it will be safe for people to do so. Donations can be made online if you wish: <https://www.trocaire.org/donate/make-a-donation>

**Click on the link below for the Mass text for Easter Sunday.
STAY AT HOME—PRAY AT HOME**

<https://www.catholicbishops.ie/readings/?feature=sunday>

EASTER SUNDAY

It is impossible to exaggerate the value of hope.

Hope is to the spirit what bread is to the body.

Our disappointments may be many,

Our joys may be small, but our hope is great.

The resurrection of Jesus is the basis of our hope.

God of power and love, through the resurrection of your Son you have kindled in our hearts the hope of eternal life.

Guard this hope with your grace, and bring it to fulfilment in the kingdom of heaven.

Our Lady Help of Christians, Navan Road Parish, Dublin 7



Our Parish

Easter Day of the Lord's Resurrection-Sunday 12th April 2020

**ALLELUIA
HE IS RISEN!**



“We need to rediscover the concreteness of small things, the small acts of kindness shown to those who are close to us, family, friends. We need to realise that our treasure lies in small things.” *Pope Francis*

**Family Offering envelopes can be dropped into the Parish Office or the Sacristy letterboxes or 211 Navan Road.
FOR EMERGENCIES
PLEASE PHONE:
0871186474**

May the Peace, Joy & Hope of the Risen Christ find a home in your heart this Easter.

*Fr. John, Fr. Paddy, Fr. John,
Rev. Eamonn, Thomas, Mary,
Marian, Frances*

**Mass behind closed doors,
9a.m. daily & 6.30p.m. Sat.
broadcast on the parish radio
& on our Facebook page:
Navan Road Parish-Our Lady
Help of Christians**

NEWSLETTER

The Newsletter will only be available on our website www.navanroadparish.com for the next few weeks. Please print one for a neighbour or family member who doesn't have access to a computer or smart phone.

Comprehensive list of churches in the Dublin Diocese with webcams: <https://www.dublindiocese.ie/list-of-churches-with-webcams-to-watch-listen-to-daily-mass/>

ALONE COVID-19 Helpline

ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). The support line will be open **Monday to Friday, 8am-8pm, by calling 0818 222 024**

MORE HELPLINES
Dublin City Council-Helpline 01-2228555
 Email covidsupport@dublincity.ie
Fingal County Council-Helpline 01-8905000 with the lines open from 9am to 5pm seven days a week. Email - covidsupport@fingal.ie.

Psalm 117: Give thanks to the Lord for he is good, for his love has no end. Let the sons of Israel say: 'His love has no end.'
 Alleluia, Alleluia, Alleluia
 The Lord's right hand has triumphed; his right hand raised me up. I shall not die, I shall live and recount his deeds.
 Alleluia, Alleluia, Alleluia

GOD IS YOUNG

Our elderly are cocooning and our youth are home-schooling. Both generations are in social isolation. The following is an extract from 'God Is Young' by Pope Francis on how important the relationship between old and young is; so relevant at this difficult time.
 " Young and old must talk to one another, they must do it more often: this is extremely important! And the elderly as well as the young must seize the initiative. There is a passage from the Bible (Joel 3:1) which says: "your old men will dream dreams, your young men will see visions." But our society discards both the one and the other, it discards the young as well as the old. Yet the salvation of the old is to pass memory on to the young, which makes the old true dreamers of the future; whereas the salvation of the young is to accept these teachings, these dreams, and carry them into the future, like prophets. In order for our young people to have visions, to be dreamers themselves, and to be able to face the future boldly and courageously, they must listen to the prophetic dreams of their forefathers. Old dreamers and young prophets are our uprooted society's path to salvation: Two generations of discarded throwaways can save us all."

SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the most Holy Sacrament. I love you above all things, and I desire to receive you into my soul.
 Since I cannot at this moment receive you sacramentally, please come spiritually into my heart.
 I embrace you now as if you were already there and I unite myself wholly to you. Never permit me to be separated from you. AMEN

Prayer For All Our Parishioners

God our Father, we ask you to bless our parish during this time of great difficulty. Help us to know Jesus in a new and deeper way. Help us to listen sincerely to your word. Open our hearts to your grace, that we may be more faithful in following your way. Guide our footsteps with the light of Easter hope. Bless all families in our parish, especially those families that are experiencing special difficulties. Bless the old, the young, the lonely, the poor, the sick, those doing essential work, the unemployed, those in sorrow, the bereaved, those in despair, those who have lost their way. May your love be upon us, O Lord at this Easter time and always, as we place our hope in you.
 AMEN

Lent is over... It is a new beginning!

I have no more small steps to make towards Easter, and my heart is full of joy. But of course, the journey continues. I will try to keep the beautiful spiritual inspiration that I received throughout the Lenten season to live as a Christian and to be a true witness of the risen Jesus. I will put my strength and my generosity at his disposal to make him known around me...
ALLELUIA!

PRAYER FOR FAMILIES

Lord, let us continue to cherish each one in our home and do for one another whatever we can, with generosity, kindness, patience & tolerance. O Lord, help us to continue to love one another. AMEN

Reading References:
19th April 2nd Sunday of Easter: Acts 2:42-47. Ps 117: 2-4, 13-15, 22-24R/ v 1. 1Peter 1:3-9. Jn. 20:19-31
DIVINE MERCY SUNDAY

A Prayer for Healthcare Workers during this time

Loving God, we place into your care all our doctors, nurses and healthcare workers. Give them courage of heart and strength of mind and body. Keep them safe from harm. May they know our deep gratitude for all they are doing to heal and help those affected by the coronavirus. God of all consolation may they know your protection and peace. Bless them in these challenging days and bless their families.
 Amen.

LITANY FOR A GROWTH IN LOVE

In our respect for the equal dignity of all human persons, created in your image. **May we dwell in your love, O God.** In our openness to others, relating to all as neighbours in solidarity. **May we dwell in your love, O God.** In our respect for differences. **May we dwell in your love, O God.** In our understanding that every person is my brother and sister. **May we dwell in your love, O God. AMEN**