



CORPUS CHRISTI

“..... For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me” Jn 6: 51-58

Jesus himself practised open table fellowship, to express God's unconditional love and acceptance. Before he died, he spoke words over the bread and wine, words which disclosed the meaning of his death and resurrection. When St Paul wrote to the Corinthians about the Lord's Supper, he had to remind them that the sacrament is meant to be a communion among all who celebrate it and to have a practical affect in our lives. As Benedict XVI wrote: A Eucharist which does not pass over into the concrete practice of love is essentially fragmented **(God is Love)**.

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Prayer To Say: *Lord, as we gather around your table, help us to recognise you in the breaking of the bread and in each other. May we live the communion we receive by practicing both service and reconciliation. Amen.*

Our Lady Help of Christians, Navan Road Parish, Dublin 7



Our Parish

Feast of The Most Holy Body And Blood Of Christ 14th June 2020

WE ARE PREPARING TO RESUME PUBLIC MASSES

The time is coming near when it will be possible for you to participate again in public masses. You will be no longer dependent on the webcam or the parish radio, which together with being able to link-in to facebook were a great facility to have during the lock-down. I would like to take this opportunity to thank all who enabled our means of communication to continue....the parish newsletter, the website and facebook.

However, there is no substitute for being physically present at the Eucharistic Celebration. The government has announced that public liturgies can resume on Monday, 29th June. Please God, all will go smoothly between now and then.

Our church is a very big building and can, in normal circumstances, accommodate 1200 people. However, with 2m social distancing we can accommodate only 96 people. The logistics of this are going to be quite complicated at the vigil mass on Saturday evening and the morning masses on Sunday morning. We are preparing a plan at the moment. When we are ready, with everything on paper, a leaflet will be delivered to every house in the parish. This will explain everything and will tell you what to expect if you come to mass on a Saturday evening or Sunday morning.

TO ENABLE EVERYTHING TO GO SMOOTHLY AT MASSES, WE WILL NEED THE HELP OF VOLUNTEERS TO ACT AS USHERS AND TO PREPARE THE CHURCH FOR THE NEXT MASS.
PLEASE CONTACT US IF YOU ARE WILLING TO TAKE ON THIS ROLE. YOU CAN CONTACT US BY PHONE 018380265 OR EMAIL: info@navanroadparish.com. DROP IN TO THE PARISH OFFICE OR BY TELLING ANY OF THE PRIESTS. THIS IS URGENT AS THE EXPECTED DATE FOR REOPENING THE CHURCHES HAS BEEN BROUGHT FORWARD. PLEASE GET IN TOUCH IMMEDIATELY.
Thank You Fr. John

PRAYER BEFORE THE BLESSED SACRAMENT

You can pray before the Blessed Sacrament without visiting the Church. You can conduct a Holy Hour. You can be on your own. You can be in your own home.

If you have access to the webcam:

www.churchservices.tv/navanroad; you can see the Tabernacle in the Sanctuary of our Church at any time of the day or night, the Sanctuary lights are permanently lighting. If you can't see the Sanctuary but are familiar with it you can then just imagine you are there. Following on from last week, here are the next few prayers.

They are available on the Parish Website also.

PSALM OF ADORATION (Ps. 94)

Response: Let us adore the Lord, for he is our God.

Come, ring out our joy to the Lord; hail the rock who saves us. Let us come before him, giving thanks; with songs let us hail the Lord. (Response).

A mighty God is the Lord, a great king above all gods. In his hand are the depths of the earth; the heights of the mountains are his. To him belongs the sea, for he made it, and the dry land shaped by his hands. (Response).

Come in, let us bow and bend low; let us kneel before the God who made us, for he is our Goel and we the people who belong to his pasture, the flock that is led by his hand. (Response).

SILENT PRAYER

GOSPEL READING

As we prepare to hear God's word, let us say in our hearts: 'Speak, Lord, your servant is listening! You have the message of eternal life'. Lord Jesus, explain the Scriptures to us. Make our hearts burn within us as you speak to us.

READING: LUKE, 24: 13-35 (Followed by reflection).

THE CHURCH IS OPEN FOR PRAYER

The Church is open for private prayer daily from 10.a.m. to 4.p.m. Please observe a social distance of two metres & use the hand sanitiser in the porch on entering & leaving the Church. Newsletters, Sunday Mass leaflets, Mass Collection envelopes & Easter Dues Envelopes & LOOK SHEETS (for Children) are available from the back of the Church.

Mass will take place behind closed doors, 9a.m. daily & 6.30p.m. Sat. broadcast on the parish radio & on our webcam:

www.churchservices.tv/navanroad

Private Funeral services are continuing to take place in the Church but will not be announced publicly.

The Parish Centre & The Parish /School Hall remain closed until further notice.

The Parish Office is open: Only one person will be allowed to enter at any one time.

Reading References: 21st June :12th Sunday in Ordinary Time: Jer 20:10-13 Ps 68:8-10, 14, 17,33-35, R/ v 14. Rm 5:12-15 Mt 10:26-33

"So if anyone declares himself for me in the presence of human beings, I will declare myself for him in the presence of my Father in heaven"

DONATION OPTIONS

1st Collection donations, Family Offering & Easter Dues envelopes can be dropped into the Parish Office or the Sacristy letterboxes or 211 Navan Road at any time. We now also have the facility to donate to any of these collections securely online through 'Easy payments Plus' Click on the **DONATE** button on our website www.navanroadparish.com.

There is also an option to pay for Signed Mass cards online as we have had many requests for Mass Cards. Email the Parish Office: **info@navanroadparish.com** or **Ph: 018380265** with your details, the name for the intention & type of card you require. We will post the card(s) to you.

Thank You

FAMILY OFFERING BOXES OF ENVELOPES - July 2020 to June 2021

New boxes of envelopes are now ready for collection in the Parish Office. If you are able to drop in to collect your box or if you can deliver a few to your neighbours, we would be very grateful.

Thank you so much to all who have continued to drop in their Family Offering envelopes during the last few months.

It is greatly appreciated.

THREE MINUTE RETREAT

<https://www.loyolapress.com/3-minute-retreats-daily-online-prayer>

DOWNLOAD THE 2020 SACRED HEART NOVENA FOR FREE!

"God's boundless and passionate love for humanity". For nine days before the Feast Day: 19th June.

[Simply click here](https://www.messenger.ie/sacred-heart-novena-2020/)

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MASS INTENTIONS

Sunday 14th June

9.00 a.m.

Paddy Kenny R.I.P. (A)

Mass broadcast through our Parish Radio and Webcam

Click on the link below for the Mass text for the Feast of The Most Holy Body and Blood of Christ.<https://www.catholicbishops.ie/readings/?feature=sunday>

FEAST DAY OF ST. ANTHONY SATURDAY 13th JUNE

Final day of Novena

Lord Jesus Christ may we sing your song of praise, rejoice only in you, live modestly, abandon our worries, and tell you all our needs. We come to rest in your peace. Prepare in our hearts a dwelling, a foretaste of the heavenly Jerusalem, and stay with us always, O blessed Saviour.

Amen.