

Lent Calendar of Kindness 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Ask if you can help to make the pancakes today		SHROVE TUESDAY	17 ASH WEDNESDAY Try not to eat any snacks today	18 Can you pick Missio Ireland as your charity to help during Lent?	19 Thank God for all the little creatures on our planet	20 Get up early and help around the house today
21 1st Sunday of Lent Pray for missionaries everywhere who are doing God's work in difficult conditions	22 Tidy your bedroom today	23 Thank God for your food and pray for children who are hungry	24 Give someone you love a hug	25 Pray for children who have nowhere safe to sleep	26 Share your treats with others	27 Pray for those who lost their jobs and need support
28 2nd Sunday of Lent Pray for our priests. They are celebrating Mass each day and missing everyone	1st St David's Day Pray for all the Davids you may know	2 If you have a pet spend some time caring for it	3 If you upset someone make sure to say 'sorry'	4 Do something kind for an elderly neighbour but remember to keep the covid-19 rules	5 Women's World Day of Prayer Pray for women and girls today!	6 Get up early to listen to the birds singing
7 3rd Sunday of Lent Pray for our frontline workers who are doing their very best	8 Ask if you can facetime or zoom with a friend today	9 Phone an elderly relative for a chat. They may be lonely	10 Cheer up someone who is feeling sad	11 Be kind to someone at home or online today	12 Before you go to sleep say a prayer of thanks for the people who love you	13 If you get treats today, try to share them
14 4th Sunday of Lent Happy Mother's Day	15 Turn off the TV for an hour and have a chat with your family instead	16 Make sure that you help to keep your room tidy	17 Lá le Pádraig Guimis ar son na síochána	18 Say a prayer for the teachers in your school	19 EASTER Don't forget to enter our Easter colouring competition!	20 Make the world a better place...SMILE!
21 5th Sunday of Lent Light a candle and pray for everyone's good health and wellbeing	22 Can you pray the Guardian Angel prayer?	23 Help with the dishes after dinner	24 Help in the garden today	25 Look in a mirror and see how beautiful and unique God has made you	26 Don't waste water so turn off the tap. Thank God you have safe water to drink...	27 ...and turn off lights too. Many children in the world have no electricity
28 PALM SUNDAY Read about the first Palm Sunday in the Gospel of Luke	29 Make sure you don't eat your Easter Eggs until Sunday!	30 Gather up your old toys and give them to charity	31 Pray for children who are living in poverty and fear	1 April Fool's Day Have fun today but remember to stay kind as it's also Holy Thursday!	2 GOOD FRIDAY Pray with Jesus on the Cross today	3 HOLY SATURDAY Pray for everyone today and remember those who have died in a special way
4 EASTER SUNDAY Jesus is risen Alleluia!	<p>Who are We? We are the Pope's official children's charity for overseas mission. We encourage children to pray and to share whatever they can, no matter how little, with children in other parts of the world, living out our motto Children Helping Children. Each year, millions of children are supported by the Holy Father's Universal Solidarity Fund worldwide, regardless of their background or belief.</p> <p>Find out more at W: www.wmi.ie E: missionarychildren@wmi.ie T: 01 497 2035 P: Missio Ireland, 64 Lower Rathmines Road, Dublin 6</p>					

