

4. Our Parish Holy Week 2021

12. JESUS DIES ON THE CROSS

“It makes me happy to suffer for you, as I am suffering now, and in my own body to do what I can to make up all that has still to be undergone by Christ for the sake of his body, the Church.

Colossians 1:24



13. JESUS IS TAKEN DOWN FROM THE CROSS

“When this perishable body puts on imperishability, and this mortal body puts on immortality, then the saying that is written will be fulfilled: “Death has been swallowed up in victory.” “Where, O death, is your victory? Where, O death, is your sting?” The sting of death is sin, and the power of sin is the law. But Thanks be to God, who gives us the victory through our Lord Jesus Christ.”

1 Corinthians 15:54-57



14. JESUS IS LAID IN THE TOMB

“My heart is ready, O God, my heart is ready. I will sing, I will sing your praise. Awake my soul, awake lyre and harp, I will awake the dawn.” Psalm 56: 8-9



PSALM 4 : “When I call answer me, O God of justice; from anguish you release me, have mercy and hear me!..... Make justice your sacrifice and trust in the Lord. ‘What can bring us happiness?’ many say. Lift up the light of your face, O Lord. You have put into my heart a greater joy.... For you alone, Lord, make me dwell in safety.”

HOLY SATURDAY

As we behold the body of Jesus in the tomb today, and as we contemplate the mystery of our death, we prepare our hearts to receive the Good News of life. We know that tomb will be empty and remain empty forever as a sign that our lives will not really end, but only be transformed. One day, we will all rest in the embrace of Jesus, who knows our death, and who prepares a place for us in everlasting life. Our reflection on this Holy Saturday, and our anticipation of celebrating the gift of life tonight and tomorrow, can bring immense peace and joy, powerful freedom and vitality to our lives. For if we truly believe that death holds no true power over us, we can walk each day in the grace being offered us - to give our lives away in love.

“Brothers and sisters:

Are you unaware that we who were baptised into Christ Jesus were baptised into his death?

We were indeed buried with him through baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, we too might live in newness of life. For if we have grown into union with him through a death like his, we shall also be united with him in the Resurrection”

Romans 6:3-11

HAPPY BIRTHDAY TO KATHLEEN KAVANAGH OF KINVARA PARK WHO IS 100 YEARS OLD TODAY HOLY SATURDAY 3RD APRIL

Our Lady Help of Christians, Navan Road Parish, Dublin 7



HOLY THURSDAY, GOOD FRIDAY & HOLY SATURDAY 2021

HOLY THURSDAY – Homily By: Pope Francis 2020

Eucharist, service, anointing.

This is what we experience in today’s celebration: the Lord who wants to remain with us in the Eucharist. And we become the Lord’s tabernacles, carrying the Lord with us; to the point that he himself tells us: if we do not eat his body and drink his blood, we will not enter the kingdom of heaven. This is a mystery, bread and wine, the Lord with us, within us, inside us.

Service. This gesture is the condition to enter the kingdom of heaven. Yes, to serve... everyone. But the Lord, in the words he exchanged with Peter (cf. Jn 13:6-9), makes him realise that to enter the kingdom of heaven we must let the Lord serve us, that the servant of God be our servant. And this is hard to understand. If I do not let the Lord be my servant, do not let the Lord wash me, help me grow, forgive me, then I will not enter the kingdom of heaven.

Today you are all with me, brother priests, at the altar, you who are consecrated. I say to you just one thing: do not be stubborn like Peter. Let your feet be washed. The Lord is your servant, he is close to you, and he gives you strength to wash the feet of others.

In this way, conscious of the need to be washed clean, you will be great dispensers of forgiveness. Forgive! Have a big heart that is generous in forgiving. This is the measure by which we will be judged. As you have forgiven, so you will be forgiven, in the same measure. Do not be afraid to forgive. Sometimes we have doubts; look to Christ [he looks to the Crucifix]. There, there is forgiveness for all. Be courageous, also in taking risks, in forgiving, in order to bring consolation. And if you cannot give sacramental pardon at this moment, then at least give the consolation of a brother to those you accompany, leaving the door open for people to return.

I thank God for the grace of the priesthood, we all give thanks. I thank God for you, priests. Jesus loves you! He asks only that you let him wash your feet.

HOLY THURSDAY—continued

PRAYER

Lord Jesus, you have given me the gift of yourself in the Eucharist.

Through this outpouring of your love, you also compel me to give the gift of myself to others. Nourished by the Eucharist, may I always find the strength and courage to devote myself for the service of others.

AMEN

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ inebriate me. Passion of Christ strengthen me.

O good Jesus, hear me. Within thy wounds conceal me. Do not permit me to be parted from you. From the evil foe protect me. At the hour of my death call me. And bid me come to you, to praise you with all your saints for ever and ever.

AMEN

SPIRITUAL COMMUNION

My Jesus, I believe that you are present in the most Holy Sacrament.

I love you above all things, and I desire to receive you into my soul.

Since I cannot at this moment receive you sacramentally,

please come spiritually into my heart.

I embrace you now as if you were already there and I unite myself wholly to you.

Never permit me to be separated from you.

AMEN

GOOD FRIDAY

Stations of the Cross

1. JESUS IS CONDEMNED TO DEATH

“Do not be afraid, for I am with you; stop being anxious and watchful, for I am your God. I give you strength, I bring you help, I uphold you with my victorious right hand.”

Isaiah 41:10



2. JESUS BEARS HIS CROSS

“I will instruct you, and teach you the way to go; I will watch over you and be your adviser” Psalm 31:8



3. JESUS FALLS THE FIRST TIME

“Yahweh, I called on your name from the deep pit. You heard me crying, “Do not close your ear to my prayer.” you came near that day when I called to you; you said: “Do not be afraid.”

Lamentations 3:55-57



4. JESUS MEETS HIS MOTHER

The angel replied “I will complete the journey with [your child]. Do not be afraid. On the journey outward all will be well; on the journey back all will be well; the road is safe.” *Tobit 5:20*



5. SIMON THE CYRENE HELPS JESUS TO CARRY HIS CROSS

“They that hope in the LORD will renew their strength, they will soar as the eagles wings; they will run and not grow weary, walk and not grow faint....One [person] helps another, one says to the other, “Keep on!” *Isaiah 40:31;41:6*



6. VERONICA WIPES THE FACE OF JESUS

“I give you a new commandment: love one another; just as I have loved you, you also must love one another, everyone will know that you are my disciples.

John 13:34-35



7. JESUS FALLS A SECOND TIME UNDER HIS CROSS

“So I will boast all the more gladly of my weakness, so that the power of Christ may dwell in me. Therefore I am content with weakness, insult, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

2 Corinthians 12:9-10



8. JESUS SPEAKS TO THE WOMEN OF JERUSALEM

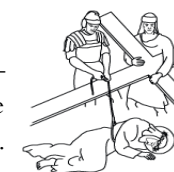
“He is like a tree that is planted beside the flowing waters, that yields its fruit in due season, and whose leaves shall never fade. *Psalms 1:3*



9. JESUS FALLS A THIRD TIME

“The life and death of each of us has its influence on others; if we live, we live for the Lord; and if we die, we die for the Lord, so that alive or dead we belong to the Lord.

Romans 14:7-9



10. JESUS IS STRIPPED OF HIS GARMENTS

“To you, O Lord, I lift up my soul. I trust you, let me not be disappointed; do not let my enemies triumph. Those who hope in you shall not be disappointed....

Psalms 24: 1-3



11. JESUS IS NAILED TO THE CROSS

“How gracious is the Lord, and just; our God has compassion. The Lord protects the simple hearts; I was helpless so you saved me..... I shall walk in the presence of the Lord in the land of the living. *Psalms 114:5-7;9*

