



Church of Our Lady Help of Christians

NAVAN ROAD PARISH,
DUBLIN 7



Parish Office
Telephone 01-8380265

Email: info@navanroadparish.com

30th November

Dear Parents/Guardians,

Thank you for registering your child for the Sacrament of Confirmation. You will have received a candle. This candle can be used at home for family prayer. Consider setting up your home crib during this Advent Season and lighting the candle beside it. This can be your Sacred Space at home if you wish to use it as a focal point for family prayer.



BAMBINELLI SUNDAY-12th December

You can bring the Baby Jesus from your crib to any Mass on the 12th December to be blessed. Bring it home, wrap it up. On Christmas Morning open it as your first present and place in the Crib as a family. Attending Mass regularly is the best preparation for the Sacrament of Confirmation. You are always welcome.

Making a simple Advent wreath at home might also be something you would like to do in preparation for Christmas. You will need: three purple colour candles, one pink and one white, some evergreen leaves and the lid of a circular sweet/biscuit box/large plate.

Arrange the candles in a circle inside the outer rim of the lid.

Place the white candle in the middle.

Arrange the greenery in between the candles.

The first purple candle (HOPE) is lit this week for the first week of Advent

The second purple candle (LOVE) is lit next Sunday 5th December

The third pink candle (JOY) is lit Sunday 12th December

The fourth purple candle (PEACE) is lit 19th December

The White candle is lit Christmas Eve./Day- this represents Jesus.



THE CHRISTMAS TREE



The Christmas Tree will be in the Church around the 10th December. Feel free to bring a decoration for the tree to represent your family. When you come to visit the Church, stay to light a candle, visit the Crib and say a prayer.

Prayer to the Holy Spirit

Holy Spirit, I want to do what is right. Help Me.
Holy Spirit, I want to live like Jesus. Guide Me.
Holy Spirit, I want to pray like Jesus. Teach Me.
Come, Holy Spirit, fill the hearts of your faithful.
Enkindle in us the fire of your love.
Send forth your Spirit and we shall be created,
And you shall renew the face of the earth.
O, God, who has taught the hearts of the faithful
By the light of the Holy Spirit,
Grant us in the same Spirit to be truly wise and ever to rejoice in his consolation,
Through Christ our Lord. Amen

SPIRIT OF GOD

Spirit of God, breathe Your Spirit of peace into my soul.
Still it, that hushed and quiet, God's voice may be heard. AMEN

Dear Jesus,
Help me to open my heart to receiving the gifts of the Holy Spirit.
Help me to recognise my talents and have the courage and strength to use them wisely.
Help me to believe that I have the ability to do so many great and wonderful things
And that you are always with me to show me the way. AMEN

Holy Spirit- source of truth, breath of God- giver of life!

Surprise us – in the midst of daily life.

Transform us – in our understanding.

Fill us – with all your gifts.

Awaken our talents – to work in us.

Gather us up - when we wander aimlessly.

Urge us on – when we start to flag.

Give us wings – when we work creatively.

Walk beside us – when we are pensive.

Enlighten us – when we do not understand.

Pour into us – when we are hesitant.

Burn within us – when we grow cold.

Overwhelm us – when we become complacent.

Flood through us – when we are empty.

Fill us with Joy – when we are sad.

Embrace us - when we are lonely.

Pray in us – when we cannot find the words.

Heal us – when we are sick.

Hold us – when we fall.

Shelter us – when we are defenseless.

Rejoice in us – when we love you.

AMEN